

PECO Cross Country League 2023-24: Race 2 (Middleton Park 2)
Senior Men's Results For Team Scores

Position	Race No.	Surname	First Name	Club	Age Category	Time	Cat Pos	2nd Claim
1	5059	Roden	Freddie	Abbey Runners	MSEN	26:48	1	
2	5372	Douglas	Benjamin	Hyde Park Harriers	MSEN	27:28	2	Y
3	5302	Boynton	Philip	Horsforth Harriers	M35	27:32	1	
4	6301	Hardy	Nick	Saltaire Striders	MSEN	27:37	3	Y
5	5412	Lomas	Adam	Hyde Park Harriers	MSEN	27:43	4	
6	5223	Robins	Sam	Chapel Allerton Runners	MSEN	27:47	5	
7	6028	Carter	Dom	York Postal Harriers	MSEN	27:59	6	
8	6217	Vogel	Joost	Valley Striders AC	M35	28:01	2	
9	5143	Ravenhall	George	Airecentre Pacers	MSEN	28:11	7	Y
10	6430	Bryson	Cameron	Vale of York Athletic Community	MSEN	28:16	8	Y
11	6415	Krastev	Vladimir	Roundhay Runners	M35	28:40	3	
12	5342	Anderson	George	Hyde Park Harriers	M35	28:45	4	
13	5307	Casey	Dominic	Horsforth Harriers	MSEN	28:48	9	
14	6447	Wall	Richard	Saltaire Striders	MSEN	28:50	10	
15	5945	Grant	Daniel	Valley Striders AC	M35	28:55	5	
16	5036	Jones	Simon	Abbey Runners	MSEN	29:02	11	
17	6014	Holmes	Christian	Wharfedale Harriers	M50	29:13	1	
18	5406	Kemp	Chris	Hyde Park Harriers	MSEN	29:15	12	
19	5527	Llewellyn	Ryan	Kirkstall Harriers	MSEN	29:17	13	
20	5447	Sykes	Richard	Hyde Park Harriers	M40	29:18	1	
21	5022	Fanaroff	Dominic	Abbey Runners	MSEN	29:22	14	
22	5786	Mcloughlin	John	Roundhay Runners	M40	29:23	2	
23	5453	Tracey	Ciaran	Hyde Park Harriers	MSEN	29:25	15	
24	5582	Brierley	Jack	Nidd Valley Road Runners	MSEN	29:28	16	
25	5458	Vargas	Michael	Hyde Park Harriers	M35	29:32	6	
26	5048	Newbould	Ed	Abbey Runners	MSEN	29:35	17	
27	5657	Walker	Colin	Pudsey & Bramley AC	M50	29:37	2	
28	5035	Jenkins	Liam	Abbey Runners	MSEN	29:38	18	
29	6310	Shanks	John	Valley Striders AC	M40	29:43	3	
30	5804	Turner	Andy	Roundhay Runners	M35	29:49	7	
31	5549	Wells	Simon	Kirkstall Harriers	M35	29:52	8	
32	6431	Kerr	Will	Saltaire Striders	M45	29:58	1	
33	5015	Clark	Cal	Abbey Runners	M35	29:59	9	
34	6439	Ahmed	Abdu	Hyde Park Harriers	MSEN	30:06	19	
35	5926	Middup	Joe	Vale of York Athletic Community	MSEN	30:08	20	
36	5420	Moulding	Thomas	Hyde Park Harriers	MSEN	30:10	21	
37	6269	Townson	Sam	Hyde Park Harriers	MSEN	30:11	22	
38	5875	Graham	Jamie	St Therasas AC	M45	30:12	2	
39	5787	Moakler	Ben	Roundhay Runners	M40	30:15	4	
40	6074	Franklin	James	Abbey Runners	M45	30:17	3	
41	5256	Garbutt	Rob	Harrogate Harriers & AC	M40	30:23	5	
42	5733	Pyznar	Tomasz	Rothwell Harriers & AC	M35	30:25	10	
43	6012	Furness	Rob	Wharfedale Harriers	M40	30:25	6	
44	5467	Hamilton	Forrest	Ilkley Harriers	MSEN	30:25	23	
45	5193	Harrold	Brian	Chapel Allerton Runners	M35	30:28	11	
46	6397	Mortimer	Charles	Chapel Allerton Runners	M40	30:31	7	
47	6215	Panesar	Rav	Valley Striders AC	M40	30:34	8	
48	6033	Davis	Alex	York Postal Harriers	MSEN	30:41	24	
49	6377	Bailey	Will	Nidd Valley Road Runners	MSEN	30:51	26	

50	6124	Furlong	Ian	Roundhay Runners	M40	30:55	9	Y
51	5892	Morrison	Cairn	St Therasas AC	M45	30:57	5	
52	5400	Isaac	Oliver	Hyde Park Harriers	MSEN	31:00	27	
53	5896	Parker	Dave	St Therasas AC	M55	31:05	1	
54	5788	Morton	Joseph	Roundhay Runners	M40	31:11	10	
55	5928	Mohammadiha	Hossein	Vale of York Athletic Community	M40	31:24	11	
56	5305	Brown	Rhys	Horsforth Harriers	M35	31:27	12	
57	5013	Brien	Stef	Abbey Runners	MSEN	31:28	28	
58	5199	Holloway	William	Chapel Allerton Runners	MSEN	31:29	29	
59	6225	Trousdale	Tom	Pudsey & Bramley AC	M35	31:30	13	Y
60	5188	Green	Joseph	Chapel Allerton Runners	MSEN	31:37	31	
61	5530	Lyall	Andrew	Kirkstall Harriers	MSEN	31:37	32	
62	6360	Weir	Paul	Saltaire Striders	M40	31:37	13	
63	5160	Richardson	Gareth	Bradford Airedale AC	MSEN	31:38	33	
64	5920	Bromley	Harry	Vale of York Athletic Community	MSEN	31:39	34	
65	5563	Macauley	Craig	Knaresborough Striders	MSEN	31:40	35	
66	5382	Fellows	Alasdair	Hyde Park Harriers	MSEN	31:43	36	
67	5550	Young	Robert	Kirkstall Harriers	MSEN	31:43	37	
68	6149	Middlemas	David	Valley Striders AC	M50	31:45	3	
69	5272	West	Darren	Harrogate Harriers & AC	M60	31:47	1	
70	5955	Mann	Gary	Valley Striders AC	M40	31:52	15	
71	6260	Woodall	Philip	Harrogate Harriers & AC	MSEN	31:53	38	
72	6010	Dennis	Paul	Wharfedale Harriers	M40	31:55	16	
73	5517	Coldwell	Ben	Kirkstall Harriers	MSEN	31:55	39	
74	5209	Mather	David	Chapel Allerton Runners	M45	31:56	6	
75	6345	Gallagher	Mike	Hyde Park Harriers	M40	31:57	17	
76	6263	Dekker	Thijs	Horsforth Harriers	M35	31:58	14	
77	5027	Harris	Simon	Abbey Runners	M40	31:59	18	
78	5904	Yong	Chin	St Therasas AC	M35	32:03	15	
79	6000	Elwell	Paul	Wetherby Runners AC	M45	32:04	8	
80	5245	Adams	Hayden	Harrogate Harriers & AC	M40	32:04	19	
81	5156	Colley	Ashley	Bradford Airedale AC	M35	32:07	16	
82	5231	Vis	Patrick	Chapel Allerton Runners	MSEN	32:07	40	
83	5409	Knighton	Richard	Hyde Park Harriers	MSEN	32:08	41	
84	5608	McCreanor	Finlay	Nidd Valley Road Runners	MSEN	32:08	42	
85	6283	Newbould	Steve	Nidd Valley Road Runners	M45	32:11	9	
86	6434	Foyston	Dave	Ilkley Harriers	M45	32:14	10	
87	6323	Roebuck	Chris	Horsforth Harriers	M45	32:19	11	
88	5880	Herrington	Richard	St Therasas AC	M40	32:25	20	
89	5426	Pratt	John	Hyde Park Harriers	M40	32:26	21	
90	5479	Sawyer	Jaysson	Ilkley Harriers	M45	32:27	12	
91	5472	Lamb	Gavin	Ilkley Harriers	M40	32:28	22	
92	5296	Richards	Oliver	Horsforth Fellandale	M40	32:30	23	Y
93	5014	Bysouth	Tom	Abbey Runners	M40	32:32	24	
94	5925	Martin	Ian	Vale of York Athletic Community	M55	32:35	4	
95	5899	Robson	John	St Therasas AC	M45	32:36	13	
96	6387	Mawer	Damian	York Postal Harriers	M45	32:41	14	
97	6200	Singh	John	Saltaire Striders	M40	32:42	25	
98	5888	Maudsley	Ian	St Therasas AC	M40	32:49	26	
99	6150	Thomas	Gwilym	Valley Striders AC	M45	32:51	15	
100	5946	Grave	Paul	Valley Striders AC	M45	32:55	16	
101	5101	Lines	Charles	Ackworth Road Runners	M60	32:58	2	
102	5454	Tranter	Colin	Hyde Park Harriers	M40	32:59	28	

103	6189	Hipkiss	Jack	Kirkstall Harriers	MSEN	33:02	44	
104	6299	Brown	Andy	Saltaire Striders	M55	33:05	5	
105	6029	Carter	Jim	York Postal Harriers	M50	33:05	4	
106	5388	Garratt	Richard	Hyde Park Harriers	M45	33:06	17	
107	6050	Partridge	Simon	York Postal Harriers	M45	33:12	18	
108	5819	Dunbar	Stuart	Saltaire Striders	M60	33:14	3	
109	6408	O'brien	Alan	Kirkstall Harriers	M35	33:16	17	
110	5146	Walker	Richard	Airecentre Pacers	M45	33:24	20	
111	5828	Hearn-Yeates	Victor	Saltaire Striders	MSEN	33:30	45	
112	5439	Shakespeare	Ed	Hyde Park Harriers	MSEN	33:31	46	
113	6097	Strutt	James	Harrogate Harriers & AC	M45	33:34	21	
114	5742	Walker	Dean	Rothwell Harriers & AC	MSEN	33:35	47	
115	6142	Weston	Anthony	St Therasas AC	M50	33:37	5	
116	5044	Mcguire	David	Abbey Runners	M55	33:43	6	
117	5725	Hunsley	Thomas	Rothwell Harriers & AC	MSEN	33:49	48	
118	5080	Aubrey	Ryan	Ackworth Road Runners	M35	33:55	18	
119	5049	O'boyle	Stephen	Abbey Runners	M50	33:58	7	
120	5268	Shacklock	Ben	Harrogate Harriers & AC	M40	34:00	29	
121	5870	Fuller	Nigel	St Therasas AC	M45	34:02	22	
122	5748	Anthoney	Iain	Roundhay Runners	MSEN	34:15	49	
123	6427	Westmoreland	Jason	Rothwell Harriers & AC	M55	34:17	8	
124	5959	Parkinson	Andy	Valley Striders AC	MSEN	34:17	50	
125	5267	Scott	Douglas	Harrogate Harriers & AC	M50	34:20	9	
126	5330	Perkinson	Andy	Horsforth Harriers	M45	34:29	23	
127	6241	Horobin	Will	Ackworth Road Runners	MSEN	34:33	51	
128	5651	Murray	Lewis	Pudsey & Bramley AC	MSEN	34:35	52	
129	6405	Strangeway	Ben	Kippax & District Harriers	M35	34:35	19	
130	6116	Lofthouse	Martin	Nidd Valley Road Runners	M55	34:38	9	
131	6127	Yates	Jonny	Roundhay Runners	M40	34:42	31	
132	6419	Bodin Galvez	David	St Therasas AC	M40	34:45	32	
133	6112	Symonds	Gabriel	Knaresborough Striders	MSEN	34:45	53	
134	5079	Wray-Rogers	Luke	Abbey Runners	M45	34:46	24	
135	5967	Sanderson	Ian	Valley Striders AC	M50	34:46	10	
136	5433	Rhodes	Steve	Hyde Park Harriers	M60	34:48	4	Y
137	5701	Hickman	Martin	Rothwell Harriers & AC	MSEN	34:49	54	
138	6413	Rickerby	Dylan	Rothwell Harriers & AC	M45	34:54	25	
139	6364	Biddulph	Tom	Valley Striders AC	MSEN	34:58	55	
140	5812	Young	Innes	Roundhay Runners	M45	34:58	26	
141	6051	Pearson	Marc	York Postal Harriers	M40	35:02	33	
142	6245	Fulton	Aron	Airecentre Pacers	M35	35:05	20	
143	5718	Gourley	William	Rothwell Harriers & AC	M45	35:10	27	
144	5451	Taylor	Lee	Hyde Park Harriers	M45	35:11	28	
145	5061	Rogerson	Tom	Abbey Runners	M45	35:11	29	
146	5551	Brock	Martin	Knaresborough Striders	M45	35:15	30	
147	5491	Bryce	Robert	Kippax & District Harriers	MSEN	35:15	56	
148	4036	Lillford	Stephen	Abbey Runners	M40	35:16	34	
149	6216	Vallance	Simon	Valley Striders AC	M55	35:20	10	
150	5624	Rickard	Matt	Nidd Valley Road Runners	M45	35:21	31	
151	5050	O'donnell	Gerard	Abbey Runners	M40	35:22	35	
152	6100	Hadfield	Sam	Hyde Park Harriers	MSEN	35:23	57	
153	6399	Wilkinson	Gary	Harrogate Harriers & AC	M50	35:24	11	
154	6396	Pemberton	Max	Bradford Airedale AC	MSEN	35:24	58	
155	6094	Barstow	Craig	Harrogate Harriers & AC	M55	35:27	11	Y

156	5481	Singleton	David	Ilkley Harriers	M45	35:28	32	
157	6077	Robinson	Michael	Ackworth Road Runners	M35	35:34	21	
158	5653	Shamim	Reuben	Pudsey & Bramley AC	MSEN	35:35	59	
159	5557	Ellmore	Steve	Knaresborough Striders	M55	35:37	12	
160	5529	Longmate	Kevin	Kirkstall Harriers	M35	35:38	22	
161	5573	Yao	Zejun	Leeds University AC & CC Club	M40	35:41	36	
162	5556	Edmondson	Ewan	Knaresborough Striders	M60	35:47	5	
163	6409	Morland	Stephen	Knaresborough Striders	M50	35:50	12	
164	5982	Tarran	James	Valley Striders AC	M55	35:51	13	
165	5505	Hill	Andy	Kippax & District Harriers	M50	35:53	13	
166	5051	Palicio	Luis	Abbey Runners	M35	36:01	23	
167	5201	Isherwood	David	Chapel Allerton Runners	M45	36:04	33	
168	6285	Mann	Chris	Pudsey & Bramley AC	M40	36:14	38	
169	5859	Bould	Richard	St Therasas AC	M40	36:15	39	
170	5024	Frazer	Martin	Abbey Runners	M55	36:23	14	
171	5260	Jordan	Mark	Harrogate Harriers & AC	M65	36:23	2	
172	5554	Cornforth	Philip	Knaresborough Striders	M55	36:25	15	
173	4038	Sklinar	Stu	Roundhay Runners	M35	36:26	24	
174	5319	Greenhalgh	Lee	Horsforth Harriers	M50	36:27	14	
175	5810	Wilkinson	Chris	Roundhay Runners	MSEN	36:30	60	
176	5222	Robins	Ben	Chapel Allerton Runners	MSEN	36:30	61	
177	5533	Moger	Adam	Kirkstall Harriers	M45	36:31	34	
178	5356	Burton	Simon	Hyde Park Harriers	M35	36:36	25	
179	5007	Ashworth	Richard	Abbey Runners	M45	36:44	35	
180	5276	Metcalfe	Kevin	Harrogate Tri Club	M50	36:46	15	
181	6273	Al-Janabi	Daoud	Kirkstall Harriers	MSEN	36:49	62	
182	5502	Harding	Andrew	Kippax & District Harriers	M50	36:49	16	
183	6348	Moore	Jed	Hyde Park Harriers	MSEN	36:51	63	
184	6445	Albrecht	Jason	St Therasas AC	M40	36:55	40	
185	5815	Carlton	James	Saltaire Striders	MSEN	36:57	64	
186	6088	Spence	Jack	Chapel Allerton Runners	MSEN	37:01	65	
187	5163	Allison	David	Chapel Allerton Runners	M50	37:02	18	
188	5960	Parton	Adam	Valley Striders AC	M50	37:09	19	
189	5410	Laycock	Danny	Hyde Park Harriers	MSEN	37:14	66	
190	5898	Rayner	Iain	St Therasas AC	M45	37:15	36	
191	5202	Jewitt	Fred	Chapel Allerton Runners	MSEN	37:16	67	
192	5943	Furby	Mike	Valley Striders AC	M50	37:19	20	
193	5418	Milligan	Paul	Hyde Park Harriers	M40	37:23	41	
194	6367	Moneypenny	Brad	Wetherby Runners AC	MSEN	37:25	68	
195	5397	Hindson	Adam	Hyde Park Harriers	M50	37:28	21	
196	5586	Carvey	Chris	Nidd Valley Road Runners	M55	37:30	17	
197	6318	Rylatt	Matt	York Triathlon Club	M60	37:30	6	
198	5639	Tyrrell	Mark	Nidd Valley Road Runners	M50	37:34	22	
199	5139	Lee	Derek	Airecentre Pacers	M40	37:39	43	
200	6386	Haynes	Richard	Airecentre Pacers	M35	37:41	26	
201	5002	Ameri	Ali	Abbey Runners	M40	37:42	44	
202	6410	Andralojc	Nicholas	Nidd Valley Road Runners	M60	37:46	7	
203	5865	Ebrey	Paul	St Therasas AC	M50	37:48	23	
204	5052	Parmar	Ajay	Abbey Runners	M50	37:50	24	
205	6054	Summerson	George	York Postal Harriers	M40	37:52	45	
206	5495	Davy	Alan	Kippax & District Harriers	M45	37:54	37	
207	6393	Milner	Rob	Ackworth Road Runners	M35	37:58	27	
208	5113	Smith	Andrew	Ackworth Road Runners	M45	38:01	38	

209	6098	Dunn	Paul	Harrogate Tri Club	M35	38:04	28	
210	5849	Tryc	Pawel	Saltaire Striders	M40	38:12	46	
211	5034	Jenkins	Dean	Abbey Runners	M60	38:14	8	
212	5318	Freeman	Paul	Horsforth Harriers	M55	38:15	18	
213	5649	Enever	Peter	Pudsey & Bramley AC	M40	38:18	47	Y
214	5594	Easton	Jonathan	Nidd Valley Road Runners	M45	38:21	39	
215	5719	Gregory	Mark	Rothwell Harriers & AC	M60	38:21	9	Y
216	5564	Marshall	Guy	Knaresborough Striders	M55	38:25	19	
217	5404	Jowett	Gareth	Hyde Park Harriers	M35	38:25	29	
218	5727	Knight	Hadrian	Rothwell Harriers & AC	M50	38:26	25	
219	5937	Cook	Sean	Valley Striders AC	M40	38:28	48	
220	5658	Wallace	Neil	Pudsey & Bramley AC	M45	38:30	40	
221	6002	Legg	Ian	Wetherby Runners AC	M55	38:35	20	
222	6163	Shively	Bill	York Postal Harriers	M60	38:40	10	
223	5952	Kaulgud	Dinesh	Valley Striders AC	M50	38:40	26	
224	5790	O'hara	Colm	Roundhay Runners	M50	38:41	27	
225	5792	Page	Mick	Roundhay Runners	M70	38:42	1	Y
226	5881	Hick	Matthew	St Therasas AC	M40	38:50	49	
227	6195	Laville	Harry	Saltaire Striders	MSEN	38:52	69	
228	5927	Middup	Steve	Vale of York Athletic Community	M60	38:57	11	
229	5822	Gibb	Ewan	Saltaire Striders	M35	38:58	30	
230	5125	Wigglesworth	Oliver	Ackworth Road Runners	MSEN	38:59	70	
231	6261	Hatch	Gary	Harrogate Tri Club	M55	39:07	21	
232	5208	Lyons	Chris	Chapel Allerton Runners	M45	39:10	41	
233	6233	Freer	Oliver	Abbey Runners	M40	39:11	50	
234	5950	Jackson	Jon	Valley Striders AC	M50	39:12	28	
235	6240	Horobin	Darren	Ackworth Road Runners	M50	39:20	29	
236	5203	Kendell	John	Chapel Allerton Runners	M45	39:22	42	
237	6333	Winterbottom	Josh	Saltaire Striders	MSEN	39:25	71	
238	5011	Bastin	Tony	Abbey Runners	M55	39:25	22	
239	6110	Dobinson	Derek	Knaresborough Striders	M45	39:27	43	
240	6379	Parish	Byron	Chapel Allerton Runners	M50	39:35	30	
241	5961	Pawley	Graham	Valley Striders AC	M55	39:48	23	
242	5654	Shamim	Salman	Pudsey & Bramley AC	M45	39:50	44	
243	4032	Kapote	Subi	Roundhay Runners	M45	39:53	45	
244	5809	Weight	Dave	Roundhay Runners	M55	39:53	24	
245	6404	Shakeshaft	Stephen	Kippax & District Harriers	M50	39:55	31	
246	5359	Cartwright	Richard	Hyde Park Harriers	M40	39:59	51	
247	5218	Parry	David	Chapel Allerton Runners	M35	40:04	31	
248	5074	Ward	John	Abbey Runners	M70	40:10	2	
249	5974	Slater	James	Valley Striders AC	M50	40:12	32	
250	5648	Beesting	Adam	Pudsey & Bramley AC	M40	40:13	52	Y
251	5512	Allen	Lloyd	Kirkstall Harriers	M50	40:16	33	
252	5081	Bernardo	Paul	Ackworth Road Runners	M45	40:17	46	
253	6443	Scaife	Nigel	Nidd Valley Road Runners	M50	40:19	34	
254	5837	Mosedale	Tim	Saltaire Striders	M40	40:22	53	
255	6052	Possible	Wesley	York Postal Harriers	MSEN	40:23	72	
256	6128	Bower	David	Saltaire Striders	M60	40:23	12	
257	5743	Ward	Roger	Rothwell Harriers & AC	M60	40:30	13	
258	6392	Persico	Peter	Abbey Runners	M45	40:35	47	
259	5349	Blatherwick	John	Hyde Park Harriers	M35	40:42	32	
260	5753	Blakeman	Neil	Roundhay Runners	M60	40:45	14	
261	6319	Steel	Phil	York Triathlon Club	M45	40:45	48	

262	5124	Webster	Mark	Ackworth Road Runners	M50	40:46	35	
263	6395	Preston	Andy	Ackworth Road Runners	M35	40:55	33	
264	6373	Askew	David	Harrogate Harriers & AC	M60	40:57	15	
265	5175	Cuthbertson	Nic	Chapel Allerton Runners	M60	41:04	16	
266	5100	Leadbeater	Mark	Ackworth Road Runners	M55	41:06	25	
267	5775	Hodge	Tony	Roundhay Runners	M50	41:09	36	
268	5933	Brewster	Keith	Valley Striders AC	M65	41:20	3	
269	5003	Armer	Carrick	Abbey Runners	M40	41:24	54	
270	6361	Gibson	Paul	St Therasas AC	M45	41:27	49	
271	5561	Harrop	Andrew	Knaresborough Striders	M55	41:29	26	
272	6389	Balkwill	James	Abbey Runners	M50	41:30	37	
273	5159	Miran	Sohail	Bradford Airedale AC	M50	41:36	38	
274	6070	Wray	Scott	York Triathlon Club	M50	41:38	39	
275	5762	Common	Paul	Roundhay Runners	M55	42:02	27	
276	5507	Lay	Richard	Kippax & District Harriers	M45	42:04	50	
277	5629	Shaw	Michael	Nidd Valley Road Runners	M45	42:16	51	
278	5424	Parker-Milnes	Curtis	Hyde Park Harriers	MSEN	42:16	73	
279	5630	Shekar	Chandra	Nidd Valley Road Runners	M45	42:17	52	
280	5099	Leach	Adrian	Ackworth Road Runners	M55	42:19	28	
281	6440	Nodwell	Adam	Kirkstall Harriers	M35	42:22	34	Y
282	5717	Garside	Simon	Rothwell Harriers & AC	M55	42:29	31	
283	6358	Douglas	Alan	Saltaire Striders	M50	42:29	40	
284	5805	Turner	Jonathan	Roundhay Runners	M55	42:36	32	
285	5484	Travis	Alan	Ilkley Harriers	M45	42:37	53	
286	5438	Sawyer	Paul	Hyde Park Harriers	M40	42:39	55	
287	5430	Ramsden	Paul	Hyde Park Harriers	M45	42:41	54	
288	5835	Love	Martin	Saltaire Striders	M60	42:46	17	
289	6129	Darcy	Graham James	Saltaire Striders	M55	42:50	33	
290	5958	O'brien	Eamon	Valley Striders AC	M50	43:06	41	
291	5058	Richards	Jon	Abbey Runners	M45	43:07	55	
292	5501	Hammond	Paul	Kippax & District Harriers	M60	43:11	18	
293	5474	Leijssen	Roar	Ilkley Harriers	M50	43:14	42	
294	6425	Bromley	Richard	Vale of York Athletic Community	M50	43:15	43	
295	5942	Fox	Ken	Valley Striders AC	M65	43:18	4	
296	5987	Wallace	John	Valley Striders AC	M55	43:23	34	
297	5632	Smith	Nick	Nidd Valley Road Runners	M60	43:34	19	
298	6111	Noble	Pete	Knaresborough Striders	M50	43:37	44	
299	5157	Foster	Stephen	Bradford Airedale AC	M55	43:38	35	
300	5850	Verity	Jack	Saltaire Striders	M65	43:42	6	
301	5593	Deacon	Michael	Nidd Valley Road Runners	M60	43:46	21	
302	5338	Womersley	David	Horsforth Harriers	M70	43:49	3	
303	5167	Baxter	Rob	Chapel Allerton Runners	M50	43:56	45	
304	6057	Hanley	Chris	York Triathlon Club	M45	43:59	56	Y
305	5542	Smith	Simon	Kirkstall Harriers	M50	44:02	46	
306	5456	Underwood	James	Hyde Park Harriers	M35	44:08	35	
307	6353	Scott	Jeremy	Nidd Valley Road Runners	M55	44:12	36	
308	5493	Copley	James	Kippax & District Harriers	MSEN	44:28	74	
309	6132	Hillas	Stephen	Saltaire Striders	M60	44:33	22	
310	5230	Sutcliffe	Adam	Chapel Allerton Runners	M50	44:40	47	
311	5455	Turnbull	Alex	Hyde Park Harriers	M45	44:47	57	
312	6398	Seymour	Mark	Harrogate Harriers & AC	M60	44:50	23	
313	5277	Scott	Iain	Harrogate Tri Club	M55	44:53	37	
314	6442	Donnelly	Dan	Hyde Park Harriers	M55	45:01	38	

315	5754	Bowman	Geoff	Roundhay Runners	M60	45:16	24	
316	5984	Tinker	Michael	Valley Striders AC	M65	45:54	8	
317	6311	Towler	Tim	Valley Striders AC	M60	45:55	25	
318	5377	Edwards	Richard	Hyde Park Harriers	M45	46:02	58	
319	5449	Tasker	Richard	Hyde Park Harriers	M40	46:03	56	
320	6300	Griffiths	Alun	Saltaire Striders	M65	46:10	9	
321	6416	Twitchett	Mark	Roundhay Runners	M50	46:34	48	
322	6371	Allison	Dave	Ackworth Road Runners	M40	46:38	57	
323	5325	Mangeolles	James	Horsforth Harriers	M35	46:39	36	
324	5408	Kidner	Ralph	Hyde Park Harriers	M65	46:40	10	
325	5334	Thompson	Dan	Horsforth Harriers	M40	46:43	58	
326	6421	Carter	James	St Therasas AC	M50	47:23	49	Y
327	6308	Plows	Brad	Vale of York Athletic Community	MSEN	47:35	75	
328	5423	Ongun	Rafet	Hyde Park Harriers	M35	47:36	37	
329	5012	Blinston	Peter	Abbey Runners	M55	47:46	40	
330	5019	Craddock	Charles	Abbey Runners	M55	47:51	41	
331	5845	Storey	Ian	Saltaire Striders	M45	47:59	59	
332	5841	Read	Jamie	Saltaire Striders	MSEN	48:00	76	
333	5328	Park	Keith	Horsforth Harriers	M65	48:04	11	
334	5352	Brown	Stephen	Hyde Park Harriers	M55	48:43	42	
335	5250	Chadwick	Phillip	Harrogate Harriers & AC	M45	48:58	60	
336	5295	Prendergast	Carl	Horsforth Fellandale	M75	49:29	1	
337	5398	Hogg	Joe	Hyde Park Harriers	M55	50:18	43	
338	5972	Sedgley	Neil	Valley Striders AC	M55	51:02	44	
339	6383	Taylor	Malcolm	Kirkstall Harriers	M35	51:30	38	
340	5020	Ellis	Adam	Abbey Runners	M45	51:44	61	
341	6019	Thompson	Geoffrey	Wharfedale Harriers	M60	51:52	27	
342	6133	Mistry	Mohanlal	Saltaire Striders	M60	52:12	28	
343	5949	Jackson	Bob	Valley Striders AC	M70	53:20	6	
344	5068	Shorrock	Thomas	Abbey Runners	M40	54:08	59	
345	5361	Clarkin	Oliver	Hyde Park Harriers	MSEN	54:43	77	
346	5628	Seaman	Dave	Nidd Valley Road Runners	M75	54:50	2	
347	5871	Gall	Stuart	St Therasas AC	M45	55:22	62	Y
348	6331	Coles	Malcolm	Valley Striders AC	M75	55:33	3	
349	5614	Montana	Marcos	Nidd Valley Road Runners	MSEN	56:24	78	
350	5602	Hyde	Graham	Nidd Valley Road Runners	M45	57:03	63	
351	5523	Hey	Peter	Kirkstall Harriers	M70	58:28	7	
352	5756	Burke	Kieran	Roundhay Runners	MSEN	58:39	79	
353	5275	Head	Mark	Harrogate Tri Club	M60	1:02:05	30	
354	5428	Prust	Stephen	Hyde Park Harriers	M60	1:03:26	31	
355	6287	Appleby	Martin	Rothwell Harriers & AC	M65	1:06:51	12	
356	5923	Holliday	Ollie	Vale of York Athletic Community	MSEN	1:07:19	80	
357	5817	Davies	James	Saltaire Striders	M40	1:07:22	60	
358	5724	Harvey-List	Heath	Rothwell Harriers & AC	M55	1:08:38	45	
359	5709	Choules	Victor	Rothwell Harriers & AC	M55	1:15:12	46	